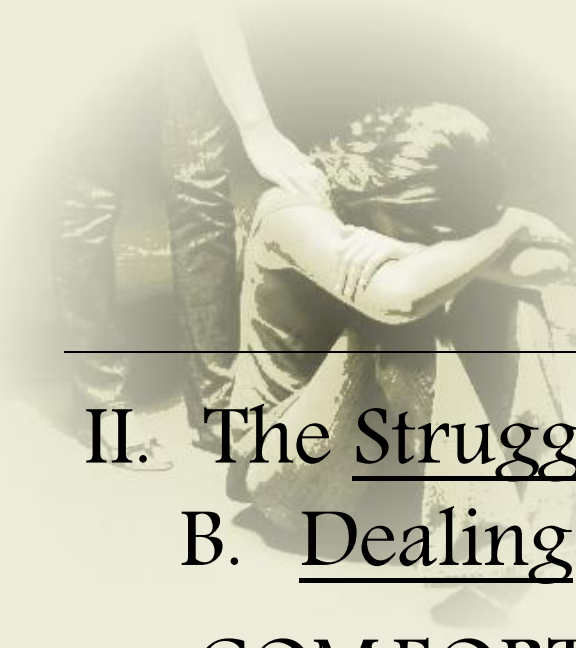


Coming to Grips with Grief: Encouragement in Ecclesiastes

Ecclesiastes 5.20
November 08, 2009 pm

Dr. J.T. Cromer
Holly Ridge Baptist Church



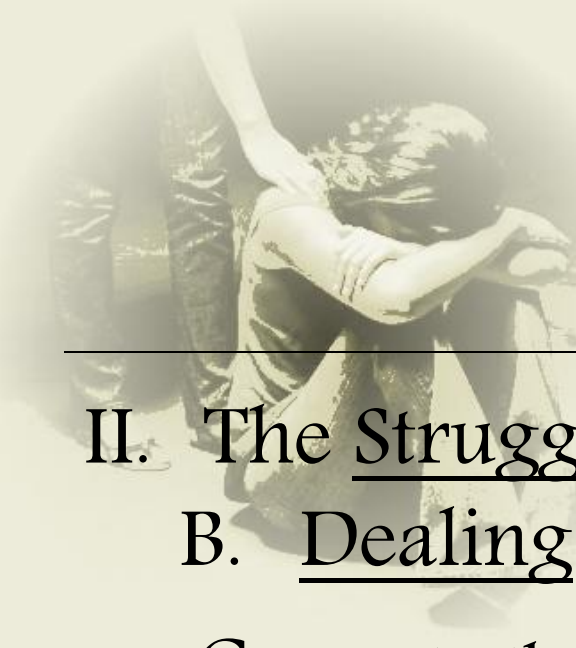


Three Parts of the Book of Ecclesiastes
And Their Contributions
to Coming to Grips with Grief

II. The Struggle Accepting our Grief 1.3–12.8

B. Dealing with Grief

COMFORT



Three Parts of the Book of Ecclesiastes
And Their Contributions
to Coming to Grips with Grief

II. The Struggle Accepting our Grief 1.3–12.8

B. Dealing with Grief

Come to the God of all comfort.

Open your heart to the Lord regarding your grief.


Meditate on the truth.

Focus on the blessings.

Operate one day at a time with faith and hope.

R

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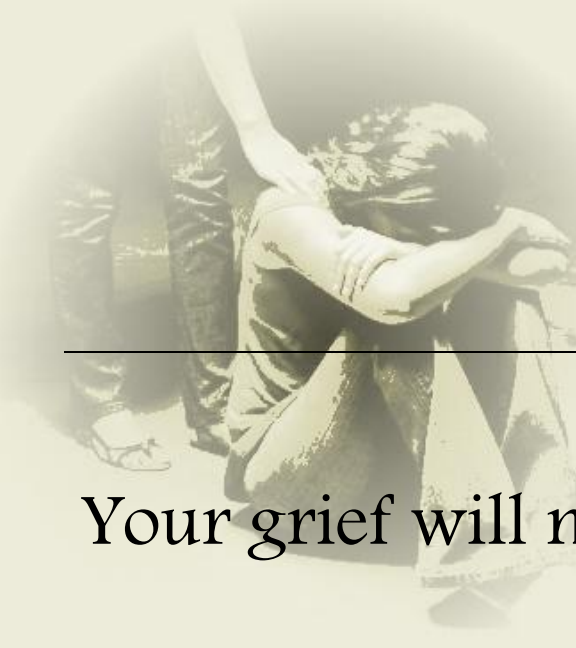
Three Parts of the Book of Ecclesiastes And Their Contributions to Coming to Grips with Grief

Improper grieving robs us of sober living in the present.

Life is now.

Do what you know to do today.

He will supply the grace you need as life comes.



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Operate one day at a time with faith and hope.

Reinforce your faith and hope through the

Tcompany and ministry of others.

A person is shown in a dark, distressed state, hunched over with their head buried in their arms. Another person's hand is visible, resting on the person's shoulder, suggesting support or comfort. The scene is dimly lit, emphasizing a sense of grief or despair.

Three Parts of the Book of Ecclesiastes And Their Contributions to Coming to Grips with Grief

Gather together regularly and encourage, really encourage, one another, moving beyond reckless words that hurt rather than help heal.